

Fekete Deák Ildikó

Psychologist, educational psychologist, adjunct university lecturer, PhD in Sociology

europass

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Citizenship: Romanian, Hungarian
Gender: Female

EDUCATION AND TRAINING

[2023 - 2024]
Yoga Psychology and Vedic Lifestyle Mentoring, 210 hours
Narada Vedic Academy
Budapest, Hungary

[2014 - 2021]
Doctoral studies - PhD in Sociology
University of Debrecen, Faculty of Humanities - Doctoral Programme in Sociology and Social Policy
Debrecen, Hungary
EQF Level 8

[2021 - 2022]
Experiential education methods, 60 hours
Romanian Ministry of Education; Apáczai Csere János Teacher Training Centre
Miercurea Ciuc, Romania

[2013]
Psychopedagogical training programme, Level II
Romanian Ministry of Education
Cluj-Napoca, Romania

[2010 - 2013]
Training in family psychotherapy
Pro Familia Family Therapy Association
Miercurea Ciuc, Romania

[2010 - 2012]
Mental Health Specialist, postgraduate programme
Károli Gáspár University of the Reformed Church in Hungary, Faculty of Humanities
Budapest, Hungary

[2011]
Adult trainer training, 90 hours
Caritas
Miercurea Ciuc, Romania

[2010 - 2011]
Mental Health, postgraduate programme
Babeș-Bolyai University, Faculty of Sociology and Social Work
Cluj-Napoca, Romania

[2009 - 2010]
Self-awareness programme using family psychotherapy methods, 150 hours
Pro Familia Family Therapy Association
Miercurea Ciuc, Romania

[2009]
Psychopedagogical training programme, national teaching certification examination
Romanian Ministry of Education
Cluj-Napoca, Romania

[2008 - 2009]
Psychodrama-based self-awareness programme, 150 hours
J. L. Moreno Psychodrama Society
Miercurea Ciuc, Romania

[2007 - 2009]
Project management training, 390 hours
KALOT Association
Miercurea Ciuc, Romania

[2006 - 2009]
Social Communication and Public Relations
Sapientia Hungarian University of Transylvania, Faculty of Technical and Social Sciences
Miercurea Ciuc, Romania

[2007]
Psychopedagogical training programme
Romanian Ministry of Education
Cluj-Napoca, Romania

[2007]
Nonviolent communication and mediation
Romanian Ministry of Education
Miercurea Ciuc, Romania

[2002 - 2007]
Psychology
Babeș-Bolyai University, Faculty of Psychology and Educational Sciences
Cluj-Napoca, Romania

WORK EXPERIENCE

[2024 - present]
Adjunct university lecturer
Sapientia Hungarian University of Transylvania, Teacher Training Institute
Miercurea Ciuc, Romania
Teaching courses in pedagogy and educational psychology.

[2022 - present]
Psychological counsellor and psychotherapist
Private psychology practice
Miercurea Ciuc, Romania
Individual psychological counselling and psychotherapy sessions.

[2009 - present]
Educational psychologist and learning support teacher
Nagy Imre Primary and Lower Secondary School
Miercurea Ciuc, Romania
Remediation of learning difficulties and speech disorders; psychological support for children aged 7-14.

[2021 - 2023]
Sport psychology and mental performance specialist
FK Csíkszereda
Miercurea Ciuc, Romania
Individual and group mental support for elite athletes aged 14-19, aimed at optimising performance.

[2008 - 2009]
Educational psychologist
Xántus János School Centre
Miercurea Ciuc, Romania
Holistic development of children with disabilities.

[2007 - 2008]
School psychologist
Nagy Imre Primary and Lower Secondary School
Miercurea Ciuc, Romania
Assessment of and intervention in psychological difficulties affecting children aged 7-14.

[2003 - 2007]
Primary school teacher
Xántus János School Centre
Miercurea Ciuc, Romania
Teaching children with disabilities and Roma children and supporting their skills development.

[2002 - 2003]
Lower secondary school teacher
Mailáth Gusztáv Károly Primary and Lower Secondary School
Lunca de Jos, Romania
Teaching biology to pupils in Grades 5-8.

LANGUAGE SKILLS

Mother tongue: Hungarian
Romanian: B2 - listening, speaking, reading and writing
English: B2 - listening, speaking, reading and writing

PERSONAL AND PROFESSIONAL SKILLS

Communication skills: Strong communication and therapeutic skills; an empathetic, collaborative professional approach.
Organisational and managerial skills: Experience in team coordination, acquired as a volunteer leader in a youth organisation.
Professional skills: Extensive teaching experience; expertise in special educational psychology and mental health support.
Digital skills: Proficient use of Microsoft Office applications.

SCIENTIFIC PUBLICATIONS

[2021] Fekete Deák Ildikó: The impact of information and communication technology use on the parent-child relationship - based on parental perceptions. Közelítések, 2021/3-4. DOI: 10.25116/kozelitesek.2021.3-4.

[2021] Fekete Deák Ildikó: The division of labour within the family and changes in gender roles in families raising early adolescents aged 14-15. Pro Scientia Ruralis, Vol. IV, 2019/3-4, pp. 52-65. ISSN 2457-9068.

[2019] Fekete Deák Ildikó: The balance between teaching and education in the teaching profession. Kultúra és Közösség, 10(4), pp. 49-63. DOI: 10.35402/kek.2019.4.5.

[2017] Fekete Deák Ildikó: “Hidden resistance”: the process of collectivisation in Szeklerland. Új Nézőpont, 3(3-4), pp. 29-39.

[2017] Fekete Deák Ildikó: Hidden resistance. The Collectivization Process in Szeklerland. Belvedere Meridionale, 2017/4, pp. 17-27.

[2017] Fekete Deák Ildikó: What is the role of teachers and educators today? Do they teach, or do they also educate? In: Selected Studies, 5th International Conference on Educational Sciences, Štúrovo, pp. 249-261.

[2017] Fekete Deák Ildikó: The impact of ICT use on the parent-child relationship and family socialisation in rural settings among early adolescents aged 14-15. In: Biró A. Zoltán - Bodó Julianna (eds.): Internet at School, Internet in the Family. Státus Publishing House, Miercurea Ciuc, pp. 111-116.

[2017] Fekete Deák Ildikó: Changes in the parent-child relationship and family socialisation in rural settings among early adolescents aged 14-15. 14th PEME Doctoral Conference, Book of Abstracts.

[2017] Fekete Deák Ildikó: The impact of ICT use on the parent-child relationship and family socialisation in rural settings among early adolescents aged 14-15. Society in Space, Book of Abstracts.

[2016] Fekete Deák Ildikó: Rural adolescents’ relationships with their parents: focus-group interviews with adolescents aged 14-15 and parents raising adolescents. In: Mező Ferenc et al. (eds.): The World through an Interdisciplinary Lens. University of Debrecen, Debrecen, pp. 39-59.

[2015] Fekete Deák Ildikó: The role of the family environment in the development of individual resilience. Erdélyi Társadalom, 13(1), pp. 163-168.

[2009] Fekete Deák Ildikó: Analysis of the external public relations activities of a non-profit association in Szeklerland. In: Bíró A. Zoltán - Székely Kinga (eds.): Communication - Competitiveness. Institute of Social Sciences, Sapientia Hungarian University of Transylvania; Státus Publishing House, Miercurea Ciuc.